

Preschool Curriculum Guide



HEIGHTS ACADEMY

ESTABLISHED 2023

Our Approach

We foster comprehensive growth within our students through excellent programming and our warm Christian environments. Heights Academy's growth strategy for students acknowledges and encompasses all aspects and stages of a child's development: physical, social, academic, emotional, and spiritual. We recognize the individuality of each student and appreciate their unique gifts, qualities, and needs.

We stand, unwavering on the authority of God's word as we create a setting where children begin their journey of learning to follow God faithfully, excel academically, serve passionately, and lead others authentically.

We understand the importance of creating a safe and captivating environment that creates opportunity for growth. We recognize that children learn most effectively through play, exploration and age-appropriate hands-on activities. Moreover, we acknowledge the pivotal role that early childhood educators play in building authentic relationships with students and families.

We are dedicated to raising up the leaders of tomorrow through an excellent Christian academy that emphasizes the importance of healthy, authentic relationships. At Heights Academy, we will connect with the next generation as we give them a Christ-centered education that strengthens the mind, body, and spirit so each child can grow to become a leader with a profound commitment to serving God and others.

Individualized Progress

Recognizing the unique strengths and areas for growth in each student, our differentiated approach supports their academic journey. We adapt teaching methods, materials, and ways of assessment to meet our students' diverse learning styles.

Faith-Based Learning

Rooted in the teachings of God's word, we empower students to Follow God faithfully, Excel academically, Serve passionately, and Lead others authentically. We intertwine faith and learning throughout our classroom lessons.

Well Rounded Development

In a safe and supportive environment, we provide hands-on, authentic learning experiences that reach far beyond the classroom. These experiences nurture academic growth while shaping each child's character, values, and practical skills for everyday life.

Preschool Learning

2 YEAR
OLDS

EARLY LITERACY

- Recognizing name
- Listening and speaking skills
- Vocabulary building
- Alphabet introduction

PRE-WRITING

- Fine motor work through various activities
- Lines, shapes and scribbles to build fine motor ability

EARLY MATH

- Basic shapes
- Rote counting 1-25
- Number recognition 1-10
- 1:1 Correspondence 1-10

SOCIAL/EMOTIONAL LEARNING

- Emotion recognition
- Self regulation
- Turn taking and sharing
- Asking for what they want and need
- Building relationships

3 YEAR
OLDS

EARLY LITERACY

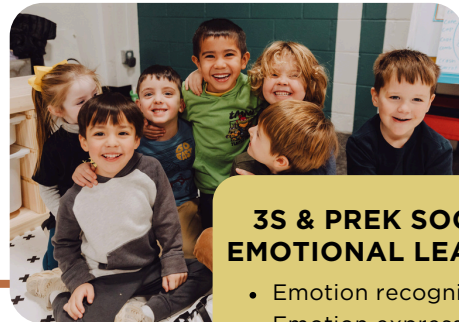
- Name identification
- Listening and speaking skills
- Vocabulary building
- Introduction to rhyming
- Alphabet identification
- Phonics sounds

HANDWRITING

- Fine motor skills development
- Letter formation
- Number formation

EARLY MATH

- Rote counting 1-30
- Number recognition 1-15
- 1:1 Correspondence 1-15



3S & PREK SOCIAL & EMOTIONAL LEARNING

- Emotion recognition
- Emotion expression
- Self regulation
- Perspective taking
- Conflict resolution
- Social play & cooperation

PRE-K

EARLY LITERACY

- Recognize the five vowels and their short and long sounds
- Letter names and sounds
- Blend a consonant and vowel together (19 consonants)
- Concepts of print
- Rhyme awareness
- Heggery Curriculum for Phonemic Awareness

HANDWRITING

- Fine motor skills development
- Correct letter formation for both lowercase and uppercase
- Handwriting Without Tears Curriculum

EARLY MATH

- Recognize and write numbers 1-20
- 1:1 Correspondence 1-20
- Rote counting 1-100
- Patterning and sequencing using colors, shapes, and numbers
- Comparing: larger and smaller, before and after 1-20, more or less, largest and smallest 1-20
- Addition: add 1 to 1-9 using objects

Preschool Learning

Enrichment

MUSIC · MOVEMENT · SPANISH

Our students enjoy Enrichment class every day as an important part of our well-rounded curriculum.

Schedules rotate between Music, Movement, and Spanish, offering opportunities for creativity, movement, coordination, and early language development. Held in our dedicated Enrichment Room, these classes extend learning beyond the classroom and allow students to explore, create, and build confidence.

A highlight of our preschool program is the annual Christmas Performance. During Music enrichment, our littlest Lions learn songs and simple choreography, then step onto the big stage to perform for their families—a joyful celebration and meaningful confidence-building experience.

Extended Day

Our Extended Day Program is designed to enrich and engage our students beyond regular school hours! Our dedicated Extended Day team arrives at 2:30 PM, ready to offer a blend of fun-filled learning experiences. From academic reviews to themed activities, games, and crafts, we foster an environment where learning meets enjoyment. Parents can conveniently pick up their children anytime between 2:30 PM and 5:30 PM. Our Extended Day team makes after-school hours both educational and exciting!

This program is included in our full day preschool tuition.



Sample Schedule

7:30-8:30 Morning drop off & Indoor Play

8:30 Morning ROAR!

8:45 Whole Group (weekly theme focus)

9:15 Centers and Small Group

9:45 Snack Time

10:15 Indoor or Outdoor Recess

10:45 Circle Time (letter / number focus)

11:00 Daily Enrichment

11:30 Bible

12:00 School Day Ends / Lunch (Half Day Pick Up)

12:30 Classroom Play

1:00 Rest Time

2:30 Wake up & Snack

2:30 - 5:30 Extended Day

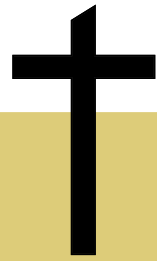
Bible

In our Preschool Bible program, children don't just hear Bible stories—they experience them! Each month, all students explore a school-wide Bible story and scripture through songs, movement, and hands-on activities. These experiences help our youngest Lions understand God's love, practice kindness, and begin applying Bible lessons in their daily lives, laying a foundation for faith, character, and joy-filled learning.

Across our Preschool Experience:

- Monthly memory verse
- Songs & Worship
- Daily Application
- Guided discussion and reflection
- Emphasis is on character development
- Hands on activities to explore stories

“We will not hide these truths from our children; we will tell the next generation about the glorious deeds of the Lord, about His power and His mighty wonders.” Psalm 78:4 NLT



Chapel

We believe in nurturing the spiritual growth of our youngest learners right from the beginning. Each week, our students participate in an age-appropriate chapel experience designed to introduce students to the joy of worship, power of prayer and beauty of a personal relationship with Jesus.

Through Chapel, students experience:

- **Worship**
- **Prayer**
- **Scripture memory**
- **Bible stories**

As our students continue their journey of faith during their time at HA, chapel becomes a place where they can deepen their understanding of Scripture, ask questions, and share their own experiences of God's presence in their lives. These formative years lay the groundwork for a lifelong relationship with Jesus and a firm foundation of faith that will guide them in the years to come. Our chapel programming is a cherished part of each students' educational experience, instilling in them a love for God and an unwavering desire to follow Jesus.

